



Mental Health Awareness & Education for Parents, Guardians, Educators and School Administrators of Teenagers

www.signyouthmentalhealth.eu



WP4-SIGN Training Package Implementation

The SIGN implementation activities constitute the project's main engagement effort with its designated target groups (i.e. parents, guardians, educators, and school administrators of teenagers) during the project's lifetime. It aims to bring participants from target groups in direct contact with the project's Training Package and create upskilling opportunities for them.

The specific objectives of the Training Package Implementation are:

1. To provide innovative learning methods and upskilling options to parents, guardians, educators, and school administrators of teenagers, who want to implement Mental Health education and knowledge, and other innovative pedagogical methodologies, in their home and school environments.
2. To build the capacity, skills and understanding of the participants from the project's designated target groups (e.g. parents, guardians, educators, and school administrators of teenagers, etc.)
3. To provide access to trainers/educators from all partner countries in the Training material (in relevant bodies: i.e., Adult Education training providers, centres, and educational authorities, etc.)
4. To collect good examples of implementation that will support the future spread, and effective implementation of the SIGNS Training Package.



SIGN

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Implementation Handbook: An Implementation Handbook was developed in order to be used as a guide from all the SIGN partners in their respective Implementation Activities.

National Implementation Activities in order to support capacity building and competence development among parents, guardians, educators, and school administrators of teenagers. The implementation activities took place in the form of 10 workshops, 2 in each partner country and during a time frame of one week. The Implementation activities were conducted in the native language of each country with local stakeholders attending the one week workshops.

During the workshops the stakeholders were presented with selected resources and material from the Training Package and the **Digital Toolkit of SIGNS** and interested and important discussions were conducted between parents, guardians, educators, and school administrators of teenagers on the subject of Youth Mental Health.

Follow-up with Digital Training Toolkit

Additionally, the SIGN Consortium extended an open invitation for the transnational online meeting that took place on September 4th, where the digital possibilities of the Training Package were explored further through a presentation of the Digital Training Toolkit and the Modules developed by the SIGN partnership.

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