



SIGN

Mental Health Awareness & Education for Parents, Guardians, Educators, and School Administration of Teenagers



On 9.10.2024, the 3rd Transnational Project Meeting took place at the URI Soča, in the Development center for employment rehabilitation. Zdenka Wltavsky (URI Soča), Theodora Avraam (CSI Cyprus), Faviola Alexiou and Aggeliki Dareiou (University of Thessaly Greece) and Fiona Duignan (Meath Partnership Ireland) presented the current state of the art, innovations and challenges in the field of mental health.

The SIGN project focuses on young people's mental health by developing an openly accessible educational digital tool. The digital toolkit will provide guidance and support to the target groups and all other interested individuals on a personal and professional level. The SIGN digital toolkit is informed by contemporary developments in youth mental health, taking into account new perspectives and approaches.



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www.signyouthmentalhealth.eu



World Mental Health Day

On 10 October 2024, on World Mental Health Day, we held the final promotional conference of the SIGN project at URI Soča. The project and the digital learning platform were presented by Zdenka Wltavsky (URI Soča), Lejla I. Lerić (DRPDNM) and Theodora Avraam (CSI Cyprus).

The roundtable discussed "Mental Health and Family Support" with renowned experts who deal with youth mental health issues in different ways.

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